

## RESOURCE GUIDE FOR TEAS

The TEAS is an important first step on the path to your nursing degree, but don't let it intimidate you! Some students don't achieve the score requirements on their first attempt, but Laurel is here to support you every step of the way with resources designed to help you succeed! There are resources available to help you engage in a comprehensive review of the topics that will be assessed. As you begin your preparation, remember that studying for the TEAS not only requires you to master content, but also to develop good testing strategies and great critical thinking skills. While you study, use the combination of resources that best works for you.

Below are some resources that we hope will help you in your study journey! Please keep in mind some of these are free resources but *some require payment or purchase*. Just scan the QR Codes below with the camera on your smartphone to be taken directly to these resource links! You can also request a digital copy be sent to your email that included clickable links!



2022-2023 ATI  
TEAS Study Manual



2022-2023 ATI  
6-Week Study Plan



2022-2023 ATI  
Study Package



ABC E-Learning 2022  
TEAS Study Guide



study.com  
Practice TEAS Test



TEAS Test Guide

